

Nutritional Information New Zealand Traditional and Chicken and Prawn Range

Classic Pizza Base	Serving Size	Energy	Protein	Fat – total	Fat-Sat	Carbohydrate	Sugars	Sodium
Apricot Chicken	76g	802kJ (192Cal)	7.9g	3.6g	1.6g	30.9g	5.1g	322mg
BBQ Chicken & Bacon	72g	826kJ (197Cal)	8.7g	4.7g	2.0g	29.1g	3.0g	371mg
BBQ Meatlovers	67g	861kJ (206Cal)	8.6g	5.4g	2.6g	29.7g	3.7g	492mg
Chicken Hawaiian	70g	611kJ (146Cal)	7.4g	3.3g	1.6g	21.1g	4.6g	382mg
Chicken & Ham	75g	627kJ (150Cal)	7.5g	3.4g	1.6g	21.7g	4.9g	408mg
Breakfast Pizza	76g	806kJ (193Cal)	7.6g	4.4g	1.9g	29.6g	3.1g	404mg
Double Bacon Cheeseburger	70g	881kJ (211Cal)	8.6g	5.6g	2.4g	30.5g	3.5g	472mg
Funky Chicken	77g	841kJ (201Cal)	7.9g	5.2g	1.9g	29.5g	3.5g	374mg
Prawn Bacon & Feta	75g	821kJ (196Cal)	9.0g	4.7g	5.2g	28.5g	2.2g	442mg
Garlic Prawn	67g	762kJ (182Cal)	8.2g	4.2g	5.2g	26.6g	1.1g	302mg
Godfather	65g	768kJ (183Cal)	6.8g	4.6g	1.8g	27.8g	2.9g	388mg
Mr Wedge	75g	910kJ (217Cal)	7.1g	5.6g	2.0g	33.5g	3.8g	496mg
Supreme	70g	799kJ (191Cal)	7.9g	4.6g	2.2g	28.4g	3.2g	384mg
Peri Peri Beef	71g	905kJ (216Cal)	7.9g	7.0g	2.6g	29.6g	2.3g	437mg

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Deep Pan Base	Serving Size	Energy	Protein	Fat – total	Fat-Sat	Carbohydrate	Sugars	Sodium
Mr Wedge	86g	1090kJ (261Cal)	8.3g	5.8g	2.0g	42.4g	3.9g	552mg
Peri Peri Beef	82g	1090kJ (260Cal)	9.2g	7.1g	2.6g	38.5g	2.4g	493mg
Peri Peri Chicken	87g	1010kJ (240Cal)	9.4g	5.1g	1.6g	38.0g	2.8g	436mg
Supreme	81g	982kJ (234Cal)	9.2g	4.8g	2.2g	37.3g	3.3g	440mg
Vegorama	77g	876kJ (209Cal)	7.6g	3.0g	1.3g	36.5g	2.3g	349mg
Thin Base	Serving Size	Energy	Protein	Fat – total	Fat-Sat	Carbohydrate	Sugars	Sodium
Apricot Chicken	78g	826kJ (197Cal)	8.2g	3.6g	1.7g	32.0g	5.0g	340mg
BBQ Chicken & Bacon	88g	888kJ (212Cal)	9.7g	5.2g	2.4g	30.6g	3.0g	421mg
BBQ Meatlovers	78g	902kJ (215Cal)	9.0g	5.4g	2.7g	31.5g	3.8g	496mg
Chicken & Ham	75g	657kJ (157Cal)	7.8g	3.5g	1.6g	23.2g	4.6g	405mg
Chicken Hawaiian	74g	653kJ (156Cal)	7.9g	3.6g	1.7g	22.6g	4.4g	386mg
Breakfast Pizza	77g	825kJ (197Cal)	7.8g	4.2g	1.9g	30.9g	3.1g	415mg
Double Bacon Cheeseburger	79g	910kJ (217Cal)	9.1g	5.6g	2.5g	31.7g	3.3g	460mg
Funky Chicken	86g	870kJ (208Cal)	8.4g	5.2g	2.0g	30.8g	3.4g	363mg
Prawn Bacon & Feta	75g	840kJ (201Cal)	9.2g	4.5g	5.2g	29.7g	2.2g	438mg

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Garlic Prawn	76g	793kJ (189Cal)	8.6g	4.2g	5.3g	28.0g	1.1g	320mg
Godfather	69g	796kJ (190Cal)	7.2g	4.6g	1.9g	29.1g	2.8g	406mg
Mr Wedge	84g	939kJ (224Cal)	7.5g	5.6g	2.1g	34.7g	3.6g	484mg
Peri Peri Beef	84g	954kJ (228Cal)	7.1g	5.8g	2.2g	35.8g	4.0g	538mg
Peri Peri Chicken	77g	843kJ (201Cal)	8.4g	4.8g	1.6g	30.4g	2.7g	391mg
Supreme	78g	830kJ (198Cal)	8.4g	4.6g	2.3g	29.8g	3.2g	402mg
Vegorama	75g	725kJ (173Cal)	6.8g	2.8g	1.4g	28.9g	2.2g	310mg
Cheesy Crust Base	Serving Size	Energy	Protein	Fat – total	Fat-Sat	Carbohydrate	Sugars	Sodium
Apricot Chicken	98g	1070kJ (257Cal)	12.4g	7.0g	3.8g	34.8g	5.3g	454mg
BBQ Chicken & Bacon	94g	1100kJ (262Cal)	13.2g	8.1g	4.2g	33.0g	3.1g	503mg
BBQ Meatlovers	91g	1140kJ (273Cal)	12.5g	8.8g	4.7g	34.1g	3.9g	610mg
Chicken & Ham	92g	826kJ (197Cal)	11.5g	6.8g	3.7g	22.0g	5.0g	518mg
Chicken Hawaiian	88g	810kJ (193Cal)	11.4g	6.7g	3.7g	21.4g	4.7g	492mg
Breakfast Pizza	96g	1060kJ (254Cal)	11.3g	8.5g	4.4g	31.8g	4.2g	609mg
Double Bacon Cheeseburger	92g	978kJ (234Cal)	11.9g	10.4g	5.3g	22.7g	5.3g	575mg
Funky Chicken	99g	1110kJ (266Cal)	12.4g	8.6g	4.0g	33.5g	3.7g	506mg
Prawn Bacon & Feta	102g	1230kJ (293Cal)	13.5g	8.3g	7.5g	39.4g	2.6g	645mg

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Garlic Prawn	89g	1030kJ (247Cal)	12.7g	7.6g	7.3g	30.6g	1.3g	434mg
Godfather	87g	1040kJ (248Cal)	11.3g	8.0g	4.0g	31.7g	3.0g	520mg
Mr Wedge	97g	1180kJ (282Cal)	11.6g	9.0g	4.1g	37.4g	3.9g	628mg
Peri Peri Beef	88g	1130kJ (269Cal)	11.1g	10.5g	4.8g	31.6g	2.6g	599mg
Peri Peri Chicken	93g	1050kJ (250Cal)	11.4g	8.5g	3.8g	31.0g	2.9g	542mg
Supreme	92g	1070kJ (256Cal)	12.5g	8.0g	4.3g	32.4g	3.3g	516mg
Vegorama	88g	966kJ (231Cal)	10.8g	6.2g	3.4g	31.5g	2.4g	424mg

8 SERVINGS PER PIZZA

Nutrition values are based in average figures and on standard product formulation.

Actual serving size and nutrient values may vary. Ingredients are subject to seasonal variation.

Nutrition values and serve size do not apply to special customer orders. This information is correct as from March 2015.