

## Nutritional Information New Zealand Sides Range

<b>Breads &amp; Chips</b>	<b>Serving Size (av)</b>	<b>Energy</b>	<b>Protein</b>	<b>Fat – total</b>	<b>Fat-Sat</b>	<b>Carbohydrate</b>	<b>Sugars</b>	<b>Sodium</b>
<b>Chunky Cut Chips with Chicken Salt</b>	353g	2880kJ (688Cal)	8.9g	33.3g	8.8g	87.8g	.8g	2050mg
<b>Cheesy Garlic Bread</b>	59g 4 serves per pack	691kJ (165Cal)	5.8g	7.6g	3.1g	18.4g	.5g	323mg
<b>Garlic Bread</b>	28g 7 serves per pack	328kJ (78Cal)	2g	2.9g	.8g	10.9g	.3g	142mg
<b>Potato Wedges</b>	300g	2010kJ (479Cal)	7.5g	21.3g	5.4g	64.2g	.6g	999mg
<b>Chicken Sides</b>	<b>Serving Size (av)</b>	<b>Energy</b>	<b>Protein</b>	<b>Fat – total</b>	<b>Fat-Sat</b>	<b>Carbohydrate</b>	<b>Sugars</b>	<b>Sodium</b>
<b>Buttermilk Kickers</b>	25g 5 or 10 serves per pack	209kJ (50Cal)	4.0g	2.5g	.4g	2.9g	<0.1g	152mg
<b>Spicy Chipotle Kickers</b>	25g 5 or 10 serves per pack	197kJ (47Cal)	3.7g	1.5g	.2g	4.5g	.9g	193mg
<b>Chicken Kicker Bites</b>	7g 20 serves per pack	57kJ (14Cal)	1g	.6g	<0.1g	1.1g	<0.1g	47mg
<b>Cayenne Chicken Wings</b>	34g 5 or 10 serves per pack	310kJ (74Cal)	5.8g	5.4g	1.8g	0.8g	0.3g	246mg
<b>Cayenne Chicken Wings with D'Bomb Sauce</b>	40g 5 or 10 serves per pack	363kJ (87Cal)	5.8g	6.7g	1.9g	0.9g	0.4g	276mg
<b>Cayenne Chicken Wings with Jalapeno Lime Sauce</b>	40g 5 or 10 serves per pack	344kJ (82Cal)	5.8g	6.2g	1.9g	0.9g	0.4g	283mg
<b>Cayenne Chicken Wings with Blazin' BBQ Sauce</b>	40g 5 or 10 serves per pack	330kJ (79Cal)	5.8g	5.5g	1.8g	2.1g	1g	376mg

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<b>Cayenne Chicken Wings with Ranch Sauce</b>	40g 5 or 10 serves per pack	404kJ (97Cal)	5.9g	7.6g	2g	1.5g	.8g	294mg
<b>Cayenne Chicken Wings with BBQ Sauce</b>	40g 5 or 10 serves per pack	343kJ (82Cal)	5.8g	5.4g	1.8g	2.6g	1.8g	280mg
<b>Cayenne Chicken Wings with Korean Sauce</b>	40g 5 or 10 serves per pack	365kJ (87Cal)	5.9g	5.7g	1.8g	3.6g	2.6g	335mg
<b>Cayenne Chicken Wings with Butter Chicken Sauce</b>	40g 5 or 10 serves per pack	353kJ (84Cal)	5.9g	5.9g	1.9g	2.1g	1.3g	298mg
<b>Chicken &amp; Chips</b>	304g	2580kJ (616Cal)	22.3g	35.2g	10.4g	52.6g	1.4g	1990mg
<b>Desserts</b>	<b>Serving Size (av)</b>	<b>Energy</b>	<b>Protein</b>	<b>Fat – total</b>	<b>Fat-Sat</b>	<b>Carbohydrate</b>	<b>Sugars</b>	<b>Sodium</b>
<b>Chocolate Brownies</b>	102g	1810kJ (432Cal)	4.5g	23.7g	8.6g	50.3g	35.2g	195mg
<b>Chocolate Lava Cake</b>	90g	1780kJ (424Cal)	4.3g	25.8g	13.8g	43.6g	33.4g	151mg
<b>Salted Caramel Chocolate Mousse</b>	100g	1600kJ (382Cal)	2.9g	25.4g	18g	33.8g	32.5g	270mg
<b>Churros (4pk)</b>	125g	1800kJ (430Cal)	4.0g	23.6g	11.7g	49.4g	6.5g	411mg
<b>Mini Dutch Pancakes</b>	111g	2300kJ (551Cal)	6.8g	39.7g	9.1g	41.8g	21.4g	428mg
<b>Dipping Sauces</b>	<b>Serving Size (av)</b>	<b>Energy</b>	<b>Protein</b>	<b>Fat – total</b>	<b>Fat-Sat</b>	<b>Carbohydrate</b>	<b>Sugars</b>	<b>Sodium</b>
<b>Chocolate</b>	25g	365kJ (87Cal)	0.7g	3.9g	1g	11.2g	9.3g	37mg
<b>Ranch</b>	20g	312kJ (75Cal)	0.5g	7.5g	0.6g	1.4g	0.8g	128mg

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<b>Sweet Chilli</b>	30g	182kJ (44Cal)	less than 0.1g	less than 0.1g	less than 0.1g	10.6g	9.7g	179mg
<b>Sour Cream</b>	30g	345kJ (82Cal)	.7g	8g	1.3g	2.3g	1.4g	127mg
<b>BBQ</b>	30g	207kJ (50 Cal)	0.4g	0.2g	<0.1g	11g	9.5g	342mg

Nutrition values are based in average figures and on standard product formulation. Actual serving size and nutrient values may vary. Ingredients are subject to seasonal variation. Nutrition values and serve size do not apply to special customer orders. This information is correct as from February 2019.